



**THE  
FUTURE  
is MINE**

Supporting the Adult  
Burn Community

# Activity Schedule

February 2020

It just keeps getting better; with new members, long time burn survivors and great opportunities that are available to you at no cost thanks to our fabulous sponsors!



## Improv Night at Granville Island

Friday, February 21, 2020, 7:30–9:15 pm

Join the Future is Mine for a night of comedy at Theatresports on Granville Island! Relying on razor-sharp wit and lightning-fast reflexes, two teams of performers are pitted against each other in competitive improv matches. Using audience suggestions to fuel scenes, teams must create totally improvised situations on the spot.

RSVP using this form: [forms.gle/wThkpLPXYysNtkc48](https://forms.gle/wThkpLPXYysNtkc48)

### RSVP for Events & Meetings

RSVP to Heather at [survivorservices@burnfund.org](mailto:survivorservices@burnfund.org)

### Burn Fund Centre

Burn Fund Centre, 3891 Main Street (at 23rd), Vancouver. Parking may be available on the street or in the pay lot behind the Legion on 23rd.

### Phone/Video Conferencing

#### Join meeting by phone:

Call 1-888-433-2192.  
Use participant code 340255.

#### Join by video conference:

You will need to be on a PC, laptop or smart phone that has web cam and speaker ability.

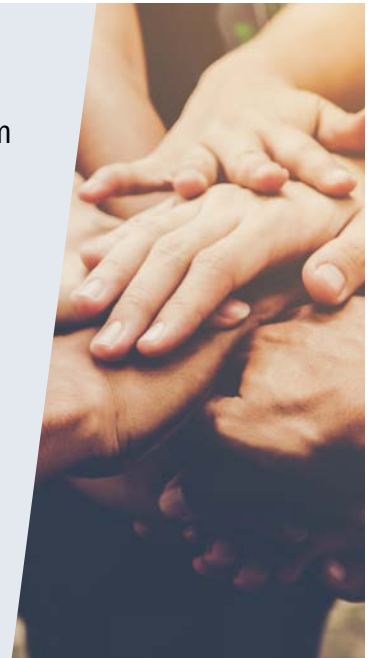
[meet.google.com/gai-upmg-coe](https://meet.google.com/gai-upmg-coe)

## FIM Support Group

Wednesday, February 12, 2020, 6:00–7:30 pm

An opportunity for survivors to share and receive support and encouragement from other survivors. In a safe environment, these sessions provide the opportunity for survivors to share their unique journey as well as issues common to all survivors. Through sharing and discussions survivors empower each other to continue their healing from a burn injury. Spouses/ family will be included in some groups. Refreshments will be served. Members who cannot attend in person are invited to join via video or phone conferencing.

Location: Burn Fund Centre, Members who cannot attend in person are invited to join via video or phone conferencing. [burnfund.org](https://burnfund.org)



## Yoga Tuesday at the Burn Fund Centre

Starting March 2020

The Burn Fund Yoga Club is readjusting the program for Spring. Stay tuned for new updates and class formats which will appeal to all ability levels and a variety of interests – whether it's yoga, meditation, or mindfulness.

Location: Burn Fund Centre, [burnfund.org](https://burnfund.org)

