



# Burn Awareness Week

BC's Burn Awareness Week is sponsored by the BC Professional Fire Fighters' Burn Fund

## Burn Prevention Safety Tips

For Teachers and Parents of Children from Pre-School to Grade Seven

**Harry the Hydrant says: Stay Safe in the Kitchen!**

**On average, every person in this country will experience at least two kitchen fires during their lifetime**

**The Kitchen is not a Play Area:** The kitchen can be the most dangerous room in the house from the standpoint of accidental fires and burns. Remember to turn pot handles inward. Don't carry hot liquids if children are close by. Discuss the dangers of climbing on counters or getting too close to hot appliances like the coffee pot, toaster, hot pots or pans and hot items.

**Stay Safe in the Kitchen:** Use caution when handling food or liquids heated in microwave ovens. Remember to lift lids and plastic wrap away from you so that the steam can escape away from you. Make sure children do not pass their arms or hands over steaming food. Teach children not to put metal objects in electrical appliances such as toasters and kettles.

**Safely Use Kitchen Appliances:** Children should use electrical appliances under the supervision of adults. Do not let appliance cords dangle—roll them up out of reach. If an appliance smells funny or isn't working correctly, have it replaced. Safety hazards include broken or frayed cords, too many appliances for one outlet, using appliances near water, broken or misused appliances, or appliances left unattended.

**Preventing Grease and Stove Fires:** The stove should be kept free of grease. Both grease and oil are flammable liquids. If a pan catches fire with grease or food in it, cover the pan with a lid and turn off the burner. If the fire is in the oven - keep the door closed and turn off the stove. In the case of a microwave oven fire - keep the door closed and push the stop switch. Anyone in the kitchen should wear tight-fitting clothes to avoid possible flame ignition.

Visit [www.burnfund.org/BAW](http://www.burnfund.org/BAW) to view the BC Professional Fire Fighters' Burn Fund Burn Awareness Week Public Service Announcement regarding Kitchen Safety and Scald Burns. The video is available in the following languages: English, French, Cantonese, Mandarin, and Punjabi.

Check out the interactive "Play Safe in the Kitchen" game on the Burn Fund website at [www.burnfund.org/BAW](http://www.burnfund.org/BAW). After correctly completing the game, students receive a personalized printable "Junior Fire Fighter" certificate.

