Resource Centre – DVD’s, Videos, Tapes & CD’s

On loan from the Burn Fund. Contact survivors@burnfund.org to order.

**DVD’s/Videos**

**Recovery Through One Patient’s Eyes** (Video)
Close look at one man’s journey and perspective on burn survival. His thoughts and expressive art is very moving.

**Back to The Future** (Video)
Shared Stories from the Adult Burn Community. Produced by Lois Budd in 1995 and remains to be an inspirational and supportive documentary for all the family to see.

**Survivors Share Their Stories** (DVD)
'The Future is Mine' has produced a 25 minute DVD that brings both courage and empowerment to those who are able to hear from interviewed survivors who share their healing stories and strength.

**CD’s**

**Complete Relaxation** (2-CD Set)
Denise Linn. Relaxation strengthens your immune system and stimulates your healing abilities.

**The Totality of Possibilities** (CD)
Louise L. Hay. Provides guidance using positive statements.

**You Can Heal Your Life** (2 CD Set)
Study Course – Louise L. Hay. Shows how to practice the principles of self-worth and self-esteem.

**The Beginner’s Guide to Meditation** (2CD Set)
Joan Z. Borysenko. Leads you through the specifics of three distinct forms of meditation.